



THE LADYBUG
HOME SPA EXPERIENCE



Bali

CHOCOLATE SPA EXPERIENCE

Inspired by
Bali
Sacred rituals.
Natural ingredients.
Heartfelt traditions.

Wrap yourself in warmth, comfort,
and a little everyday luxury.



Simple.
Safe.
Natural.

CREATING PEACE RIGHT WHERE YOU LIVE

With love, Grandma Wendy



BALI CHOCOLATE *Spa Experience*

A LETTER FROM BALI



My Beautiful Friend,

I have to share with you one of the most unforgettable spa experiences I have ever had—my Bali Chocolate Spa Experience. It was truly beyond anything I could have imagined.

From the moment I walked into the spa, I was surrounded by the most amazing aroma of chocolate. The entire room was decorated in rich shades of brown—the sheets, towels, décor, everything! It felt warm, cozy, luxurious, and so inviting.

Every detail was created to make this experience feel like pure heaven... and it was! 

MY BALI CHOCOLATE EXPERIENCE

-  **CHOCOLATE FOOT SOAK**
I began with a warm foot soak filled with flowers and chocolate. It was so relaxing and the perfect way to start my journey.
-  **CHOCOLATE BODY SCRUB**
Next came the natural chocolate scrub made with real Balinese ingredients. It gently exfoliated my skin, leaving it soft, smooth, and glowing.
-  **WARM CHOCOLATE CLOTH RITUAL**
They removed the scrub with warm, steamed cloths. It felt so soothing and comforting.
-  **CHOCOLATE BODY BUTTER**
Then they applied the most luxurious chocolate body butter. My skin drank it in!
-  **CHOCOLATE MASSAGE**
This was followed by a chocolate massage using warm coconut oil. The therapist massaged every inch of my body, melting away all my stress.
-  **CHOCOLATE FACIAL**
They also treated me to a chocolate facial—so nourishing, so hydrating, and my skin felt absolutely amazing.
-  **CHOCOLATE MILK FLOWER BATH**
Then came my favorite part... I was led to a beautiful bathtub filled with fresh flowers and coconut milk. When I gently sank into the bath, the coconut milk turned into the most amazing chocolate milk! I soaked in this chocolate milk bath for a full hour in pure luxury. I even enjoyed delicious chocolate treats while I relaxed!
-  **A CHOICE OF DRINK**
They offered me a warm cup of hot chocolate, but I chose their ginger tea instead. It was the perfect complement to the experience.
-  **THE AFTERGLOW**
After my shower, I still smelled like chocolate! Tony loved it! The beautiful scent stayed with me all day. My skin felt so soft, so nourished, and my heart felt so happy. 


Everything used in this experience was made with natural Balinese chocolate, coconut, flowers, and love.

It was pure bliss from beginning to end.



This experience reminded me that self-care is not a luxury... it is a gift from God to us.


Take time for yourself. You are worth it.

With love,

 Grandma Wendy 

THE LADYBUG HOME SPA





CHAPTER ONE



WELCOME TO YOUR BALI Chocolate SPA EXPERIENCE

A RITUAL OF INDULGENCE,
HEALING, AND HEART.

In Bali, we discovered the magic of cacao—used for centuries in sacred ceremonies, healing rituals, and beauty treatments.

Chocolate is more than a treat.
It's a gift for your body, your mind,
and your soul.

*Let's begin your journey
into pure chocolate bliss.*



Simple.
Safe.
Natural.

IN THIS CHOCOLATE SPA EXPERIENCE, YOU WILL...



Nourish your skin
with natural
chocolate goodness.



Relax your mind
and uplift
your mood.



Indulge in simple
rituals that bring
comfort and joy.



Reconnect with
your body and
your breath.



Warm your heart
with chocolate
in every way.



Create your own
everyday luxury—
right at home.

REMEMBER...

You are worth this time.
You are worth this care.
You are worth feeling amazing.

You deserve this.

*With love,
Grandma Wendy*





CHAPTER TWO



THE BENEFITS OF Chocolate

FOOD FOR THE BODY. BALM FOR THE SOUL.

Chocolate has been used in beauty and healing rituals for centuries by ancient cultures such as the Mayans and Aztecs. They believed cacao was a gift from the gods—a sacred plant that nourished the body, uplifted the heart, and connected the spirit.

Today, we continue this beautiful tradition in our own homes.



Pure cacao.
Pure joy.
Pure you.

HOW CHOCOLATE BENEFITS YOU



FOR THE BODY

- ♥ Rich in antioxidants that help fight free radicals
- ♥ Helps improve circulation and oxygen flow
- ♥ Nourishes and hydrates the skin
- ♥ May help soothe tired muscles and reduce stress
- ♥ Provides a feeling of warmth, comfort, and deep relaxation



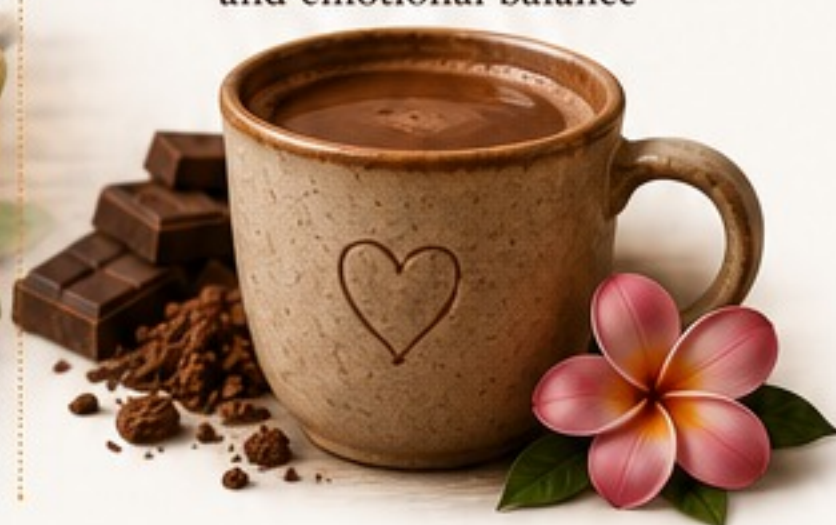
FOR THE MIND

- ♥ Stimulates the release of endorphins—your body's natural feel-good chemicals
- ♥ Helps reduce stress and anxiety
- ♥ Improves mood and promotes feelings of happiness
- ♥ Encourages mindfulness, presence, and inner calm
- ♥ Brings a sense of comfort and emotional balance



FOR THE SKIN

- ♥ Helps improve skin elasticity and softness
- ♥ Hydrates and nourishes for a healthy glow
- ♥ May help reduce the appearance of dryness and roughness
- ♥ Rich in minerals like magnesium, iron, and zinc
- ♥ Leaves your skin feeling smooth, radiant, and deeply pampered

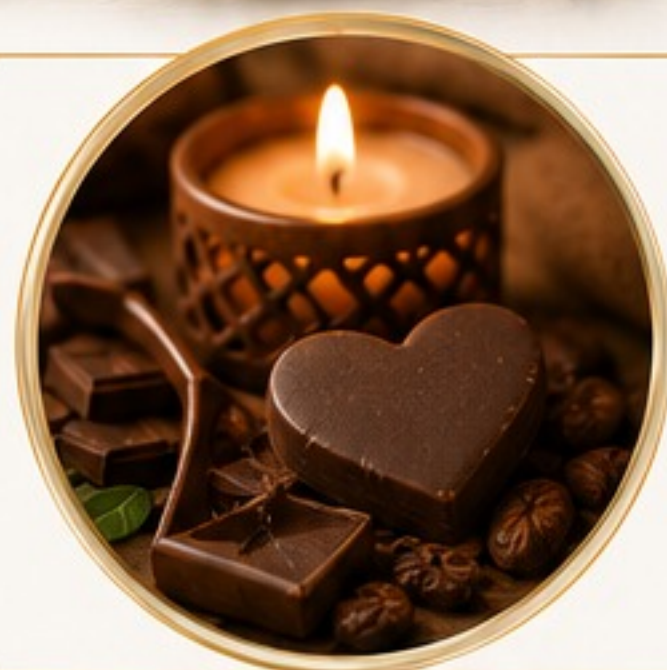


Chocolate is more than a treat.

It is a complete wellness experience that nurtures your body, calms your mind, and touches your heart.

You deserve this. You are worth this.

Let chocolate remind you that self-care is not selfish—it is essential.





CHOCOLATE Body Scrub

EXFOLIATE. NOURISH. GLOW.

This rich chocolate scrub gently exfoliates dead skin cells while nourishing your skin with antioxidants and natural oils. Your skin will feel silky smooth, hydrated, and wrapped in the comforting aroma of cacao.



BENEFITS FOR YOUR SKIN

-  **GENTLE EXFOLIATION**
Removes dead skin cells to reveal smoother, brighter skin.
-  **RICH IN ANTIOXIDANTS**
Cacao helps fight free radicals and supports youthful-looking skin.
-  **DEEP NOURISHMENT**
Natural oils hydrate and soften for a healthy, radiant glow.
-  **IMPROVES CIRCULATION**
Massaging the scrub onto your skin helps boost circulation and renewal.
-  **MOOD ENHANCING**
The aroma of chocolate helps reduce stress and lift your mood.

Made with love in Bali



CHOCOLATE BODY SCRUB RECIPE

INGREDIENTS

- 1 cup brown sugar (or coconut sugar)
- 1/2 cup raw cacao powder
- 1/2 cup coconut oil (melted)
- 1/4 cup sweet almond oil (or jojoba oil)
- 1 tsp vanilla extract
- 1/4 tsp sea salt



HOW TO MAKE

- In a medium bowl, combine the brown sugar, cacao powder, and sea salt. Mix well.
- Add the melted coconut oil, almond oil, and vanilla extract to the dry ingredients.
- Stir until everything is well combined and forms a thick, moist scrub.
- Store in an airtight jar. Use within 1–2 months.

HOW TO USE

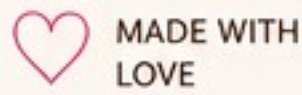
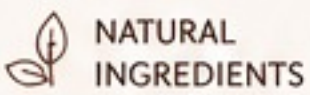
In the shower or bath, apply a generous amount to damp skin. Gently massage in circular motions, then rinse off with warm water. Pat skin dry and follow with your favorite body butter or lotion.

GRANDMA WENDY'S TIP

For an extra treat, let the scrub sit on your skin for a minute before rinsing. Breathe in the chocolate aroma and let it melt away your stress.



With love,
Grandma Wendy





BALI

Chocolate

WELLNESS DRINK



Nourish. Indulge. Uplift.

Inspired by Bali's love of cacao—this warm, comforting drink nourishes your body, calms your mind, and touches your soul.

INGREDIENTS

- 1 cup warm almond milk (or milk of choice)
- 1 tbsp raw cacao powder
- 1 tsp honey or maple syrup
- ¼ tsp cinnamon
- ¼ tsp maca powder (optional)
- A pinch of sea salt
- ½ tsp vanilla extract

Made
with love
in Bali



Warm.
Comforting,
Deliciously
Good for You.

BENEFITS

- Rich in antioxidants
- Supports healthy mood & reduces stress
- Provides natural energy
- Nourishes & hydrates the body
- Supports heart health
- Promotes focus & mental clarity
- Encourages deep relaxation

HOW TO MAKE

- 1 Warm your milk gently in a small saucepan.
- 2 Whisk in cacao powder, cinnamon, maca, and sea salt until smooth.
- 3 Add honey or maple syrup and vanilla. Stir well.
- 4 Pour into your favorite mug, take a deep breath, and enjoy!

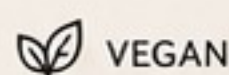
*Sip slowly. Be present.
Enjoy the moment.*

GRANDMA WENDY'S TIP

Add a little extra love and gratitude to make this drink even more powerful. You deserve the best care—especially from yourself.



“I choose health, happiness and self-love every day.”



VEGAN



GLUTEN FREE



DAIRY FREE



NATURAL



MADE WITH LOVE



BALI CHOCOLATE FACE MASK

NOURISH. HYDRATE. RENEW.

This luxurious chocolate face mask is packed with antioxidants and natural ingredients that hydrate, soften, and revive your skin. A taste of Bali indulgence for your face!



BENEFITS FOR YOUR SKIN

-  **ANTIOXIDANT RICH**
Cacao helps fight free radicals and supports youthful skin.
-  **DEEP HYDRATION**
Cacao and honey help hydrate and lock in moisture.
-  **GENTLE & SOOTHING**
Calms redness and leaves skin feeling soft and refreshed.
-  **NATURAL GLOW**
Nourishes and revitalizes dull, tired-looking skin.
-  **PURE INDULGENCE**
A moment of self-care that feels like a mini spa escape.

INGREDIENTS

-  2 tbsp raw cacao powder 
-  2 tbsp plain yogurt (or coconut yogurt) 
-  1 tbsp honey 
-  1 tsp coconut oil (melted) 
-  1 tsp oatmeal (ground) 
-  1/4 tsp vanilla extract 

MADE WITH LOVE IN BALI

HOW TO MAKE

- 1 In a small bowl, combine all ingredients.
- 2 Mix until smooth and creamy.
- 3 Apply a generous layer to clean skin, avoiding the eye area.
- 4 Relax and leave on for 10–15 minutes.
- 5 Rinse with warm water and gently pat your skin dry.

Breathe. Relax. Enjoy your glow.



HOW TO USE

Use 1–2 times a week for soft, radiant, and healthy looking skin. Follow with your favorite moisturizer or facial oil.

GRANDMA WENDY'S TIP

While your mask is working its magic, take a few deep breaths, relax your shoulders, and imagine the warm chocolate energy nourishing your skin and your soul.

You deserve this moment of care.

“Self-care is not selfish. It's essential.”

-  NATURAL INGREDIENTS
-  VEGAN FRIENDLY
-  CRUELTY FREE
-  MADE WITH LOVE



BALI Chocolate BATH

WITH FLOWERS & COCONUT MILK

Soak. Surrender. Restore.

This decadent chocolate bath with fresh flowers and creamy coconut milk melts away stress, deeply nourishes your skin, and surrounds you in pure Bali bliss.



BENEFITS FOR YOUR SKIN & SOUL

- DEEP HYDRATION**
Coconut milk softens and moisturizes dry, tired skin.
- ANTIOXIDANT POWER**
Cacao helps fight free radicals and supports healthy, glowing skin.
- RELAXATION & STRESS RELIEF**
The aroma of chocolate and flowers calms the mind and soothes the soul.
- SKIN NOURISHMENT**
Natural oils and minerals help replenish and restore your skin's natural glow.
- INDULGENCE & SELF-LOVE**
A luxurious ritual that reminds you you are worthy of care and comfort.

INGREDIENTS

- ½ cup raw cacao powder
- 1 cup coconut milk (full fat)
- 2 tbsp raw honey
- 2 tbsp coconut oil (melted)
- 1 tsp vanilla extract
- A handful of fresh flowers (plumeria, rose petals, or your favorite)

A WARM HUG IN A BATH

HOW TO MAKE

- In a bowl, whisk together cacao powder, coconut milk, honey, coconut oil, and vanilla extract until smooth.
- Run a warm bath and let the water fill your tub.
- Pour the chocolate mixture into the bath and swirl with your hand to dissolve.
- Gently add fresh flowers to the water and step in.

Soak for 20-30 minutes. Breathe deeply and let go.

HOW TO USE

Enter the bath slowly and allow the warm chocolate water to surround you. Close your eyes, take deep breaths, and imagine your worries melting away. Relax, recharge, and enjoy this moment of pure self-care.



Grandma Wendy's Tip



Dim the lights, play soft music, and light a candle to create your own Bali spa sanctuary.

Your body will thank you. Your soul will remember.



"Today I choose peace, luxury, and the beauty of me."



NATURAL INGREDIENTS



VEGAN FRIENDLY



CRUELTY FREE



MADE WITH LOVE





CHAPTER SIX



BALI Chocolate BODY BUTTER

NOURISH. SOFTEN. INDULGE.

This rich and creamy chocolate body butter, inspired by the spa rituals of Bali, melts into your skin, deeply nourishing, hydrating, and wrapping you in the warm, comforting aroma of cacao.

BENEFITS FOR YOUR SKIN



INTENSE HYDRATION

Cacao butter and coconut oil deeply moisturize and lock in hydration.



RICH IN ANTIOXIDANTS

Cacao helps fight free radicals and supports youthful, healthy skin.



SOFT & SUPPLE SKIN

Shea butter and oils leave your skin silky smooth and nourished.



AROMATHERAPY BENEFITS

The warm scent of chocolate helps uplift your mood and promote relaxation.



SELF-CARE RITUAL

A little everyday indulgence that reminds you to slow down and love your body.

INGREDIENTS

½ cup raw cacao butter

¼ cup coconut oil (melted)

¼ cup shea butter

2 tbsp sweet almond oil
(or jojoba oil)

1 tbsp cocoa powder

1 tsp vanilla extract

1–2 drops natural vitamin E oil
(optional)

Made
with love
in Bali

DEEP MOISTURE
NATURAL GLOW
PURE BLISS

HOW TO MAKE

- 1 Gently melt the cacao butter, coconut oil, and shea butter in a double boiler.
- 2 Remove from heat and stir in the almond oil, cocoa powder, and vanilla extract.
- 3 Whisk or blend with a hand mixer until light and creamy.
- 4 Add vitamin E oil and mix well.
- 5 Pour into a clean jar or container.
- 6 Let it cool and set at room temperature. Store in a cool, dry place.

Your skin will thank you!

HOW TO USE

Scoop a small amount and warm it between your hands. Massage gently onto clean skin after a bath or shower, focusing on dry areas. Use daily for silky, radiant skin.

GRANDMA WENDY'S TIP

Apply this body butter after your Bali chocolate bath for the ultimate spa experience at home. Breathe in deeply and let the warmth of cacao nourish your body and soul.

“You deserve to feel good in your own skin.”



NATURAL
INGREDIENTS



VEGAN
FRIENDLY



CRUELTY
FREE



MADE WITH
LOVE





BALI Chocolate Tea WELLNESS TEA

WARM. SOOTHE. NOURISH.

Indulge in the rich, comforting taste of cacao blended with spices and healing herbs. This Bali-inspired tea warms your body, calms your mind, and nourishes your soul. 

BENEFITS FOR YOUR BODY & MIND



RICH IN ANTIOXIDANTS

Cacao helps fight free radicals and supports overall wellness.



CALMS & RELAXES

Cacao and spices help reduce stress and promote relaxation.



MOOD ENHANCING

Supports the production of feel-good endorphins.



DIGESTIVE SUPPORT

Ginger and cinnamon soothe digestion and reduce bloating.



IMMUNE BOOSTING

Cinnamon, cloves, and cacao support a healthy immune system.



NOURISHING & WARMING

Perfect for cozy moments and self-care rituals.

INGREDIENTS

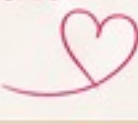
 1 cup water or coconut milk 1 tbsp raw cacao powder 1 tsp cacao nibs (optional) 1 tsp honey or maple syrup 1/2 tsp cinnamon 1/4 tsp ground ginger 1 pinch ground cloves 1/8 tsp vanilla extract A pinch of sea saltA CUP OF
COMFORT
FROM BALI

GRANDMA WENDY'S TIP

Make this tea part of your evening ritual. Sip slowly, breathe deeply, and let the warmth of chocolate and spices wrap around you like a Bali sunset. 

HOW TO MAKE

- 1 Bring water or coconut milk to a gentle simmer.
- 2 Whisk in cacao powder, cacao nibs, cinnamon, ginger, and cloves.
- 3 Simmer for 5–7 minutes, stirring occasionally.
- 4 Remove from heat and stir in vanilla, honey, and a pinch of sea salt.
- 5 Strain if desired and pour into your favorite mug.

Sip slowly and enjoy the chocolatey goodness. 



HOW TO ENJOY

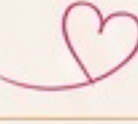


Morning: A warm, nourishing start to your day.



Evening: A cozy, calming wind-down.



Anytime: A moment of self-love and peace. 

Made
with love
in Bali 



"Tea is a hug in a cup, and chocolate is the heart of it."

NATURAL
INGREDIENTSVEGAN
FRIENDLYCAFFEINE
FREEMADE WITH
LOVE



CHAPTER EIGHT



BALI Chocolate FOOT SOAK

SOOTHE. RELAX. RENEW.

Treat your feet to a warm, chocolate infused soak inspired by the spa rituals of Bali. This relaxing blend softens tired feet, eases tension, and leaves you feeling grounded and refreshed from the soles up.



BENEFITS FOR YOUR FEET

- RELAXES & SOOTHES**
Warm chocolate and minerals calm tired, achy feet and melt away stress.
- NOURISHES & SOFTENS**
Cacao is rich in antioxidants that nourish and soften skin.
- IMPROVES CIRCULATION**
Warm water and Epsom salts help boost circulation and reduce swelling.
- DETOXIFIES**
Epsom salt helps draw out toxins and refreshes your feet.
- MOOD BOOSTING**
The aroma of chocolate and coconut creates a sense of calm and well-being.

INGREDIENTS

- 3 cups warm water
- 2 tbsp raw cacao powder
- 2 tbsp coconut milk (or coconut cream)
- ¼ cup Epsom salt
- 1 tbsp sea salt
- 1 tbsp coconut oil (melted)
- 5–10 drops lavender essential oil (optional)
- A handful of flower petals (plumeria, rose or jasmine)

A LITTLE INDULGENCE FOR HAPPY FEET

GRANDMA WENDY'S TIP

After your soak, gently exfoliate your feet with a pumice stone, rinse, and apply your favorite body butter. Slip on cozy socks and relax! Your feet will feel like you just had a spa day in Bali.

HOW TO MAKE

- 1 Fill a large basin with warm water.
 - 2 Add cacao powder, coconut milk, Epsom salt, sea salt, and coconut oil.
 - 3 Stir well until the cacao is fully dissolved and the water is smooth.
 - 4 Add essential oil and flower petals.
 - 5 Soak your feet for 20–30 minutes.
- Breathe deep. Let go. Enjoy.

HOW TO ENJOY

- Morning: Energize your body and mind.
- Evening: Unwind and release the day.
- Anytime: A moment just for you.



“Take care of your feet and they will take you beautiful places.”

- NATURAL INGREDIENTS
- VEGAN FRIENDLY
- CRUELTY FREE
- MADE WITH LOVE



CHAPTER NINE



BALI Chocolate BODY WRAP

DETOX. NOURISH. INDULGE.

Inspired by the ancient spa rituals of Bali, this chocolate body wrap deeply hydrates, detoxifies, and leaves your skin feeling silky smooth and beautifully renewed.

A LUXURIOUS
SPA RITUAL
FOR SILKY,
GLOWING
SKIN

BENEFITS FOR YOUR SKIN



DEEP HYDRATION

Cacao and coconut deeply moisturize and soften dry, tired skin.



ANTIOXIDANT POWER

Cacao is rich in antioxidants that help fight free radicals and promote youthful skin.



DETOX & PURIFY

Helps draw out impurities and toxins while nourishing your skin.



IMPROVES ELASTICITY

Cacao and natural oils help improve skin tone, texture, and elasticity.



RELAX & INDULGE

The warm, chocolate aroma calms the mind and turns self-care into pure bliss.

INGREDIENTS

½ cup raw cacao powder



½ cup coconut milk
(or coconut cream)



2 tbsp raw honey



2 tbsp coconut oil (melted)



2 tbsp plain yogurt
(or coconut yogurt)



1 tbsp coffee grounds
(optional for exfoliation)



1 tsp vanilla extract



A few drops of your favorite
essential oil (optional)



GRANDMA WENDY'S TIP

Do this wrap before a special shower or bath. It's the perfect way to pamper yourself and let go of the day.

HOW TO MAKE

- 1 In a bowl, mix all ingredients until smooth and creamy.
- 2 Adjust the consistency – it should be thick enough to spread.
- 3 Cleanse your skin and gently dry off.
- 4 Apply the chocolate mixture evenly all over your body, avoiding the face.
- 5 Wrap yourself in plastic wrap or an old sheet to keep warm and cozy.
- 6 Relax for 20–30 minutes. Rinse off in the shower with warm water.

Breathe. Relax. You deserve this.

HOW TO ENJOY



Play soft music, light a candle, and breathe deeply.



Use this time to relax, meditate, or visualize your dream life.



Step out feeling renewed, radiant, and completely indulged.



“Self-care is how you take your power back.”



NATURAL
INGREDIENTS



VEGAN
FRIENDLY



CRUELTY
FREE



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LOVE



THE LADYBUG HOME SPA



CREATING PEACE RIGHT WHERE YOU LIVE





CHAPTER TEN



BALI Chocolate MASSAGE

NOURISH. RELAX. CONNECT.

Indulge in the warm, comforting touch of chocolate. This nourishing massage oil blend hydrates your skin, eases tension, and creates a deep sense of relaxation and connection.



BENEFITS FOR YOUR BODY & MIND

- DEEP HYDRATION**
Cacao and coconut oil nourish and moisturize your skin.
- RELAXES MUSCLES**
Helps ease tension, tight muscles and daily stress.
- BOOSTS CIRCULATION**
A soothing massage improves blood flow and energy.
- MOOD ENHANCING**
The aroma of chocolate uplifts your mood and promotes relaxation.
- SKIN NOURISHMENT**
Antioxidants in cacao help support soft, smooth, healthy-looking skin.
- CONNECTION & CARE**
A loving touch nurtures your body, mind, and spirit.

INGREDIENTS

- ½ cup coconut oil (fractionated or melted)
- ¼ cup sweet almond oil (or jojoba oil)
- 2 tbsp raw cacao powder
- 1 tbsp cacao butter (melted)
- 1 tbsp vitamin E oil (optional)
- 10–15 drops lavender essential oil
- 5–10 drops ylang ylang essential oil (for relaxation)
- A pinch of vanilla extract
- A pinch of cinnamon (optional for warming and circulation)

PURE
INDULGENCE
FOR BODY,
MIND &
SOUL

GRANDMA WENDY'S TIP
Create a calm, peaceful space. Warm the oil before your massage, take your time, breathe deeply, and let the healing power of touch and chocolate bring you deep relaxation.

HOW TO MAKE

- In a double boiler, gently melt the coconut oil and cacao butter.
 - Remove from heat and stir in the almond oil, cacao powder, and vitamin E oil.
 - Whisk until smooth and well combined.
 - Let the mixture cool slightly, then add essential oils, vanilla, and cinnamon.
 - Pour into a dark glass bottle or jar. Shake well before each use.
- Your skin will love this chocolatey touch.*

HOW TO USE

- Warm a small amount of oil in your hands.
- Massage gently using slow, flowing strokes all over the body.
- Focus on areas of tension or soreness.
- Let the oil soak in. No need to rinse off. Just relax and enjoy the softness.

Perfect for:

- Self-massage & self-care
- Couple's massage
- After a bath or shower
- Relaxing before bed
- Spa nights at home

"Touch is the earliest form of love, and the one we remember the longest."

NATURAL INGREDIENTS VEGAN FRIENDLY CRUELTY FREE MADE WITH LOVE



BALI Chocolate SPA DAY RITUAL

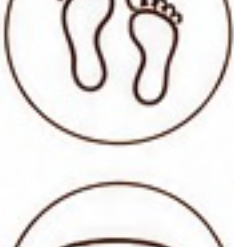


NOURISH. RELAX. RENEW.

Take time for yourself and experience the healing magic of chocolate. This Bali-inspired spa day ritual will nourish your body, calm your mind, and uplift your spirit.

You deserve this time.
You deserve you.

YOUR CHOCOLATE SPA DAY JOURNEY

- **1 SET YOUR INTENTION**
Create a peaceful space. Light a candle, play soothing music, and take a few deep breaths. Set an intention for your spa day—relaxation, renewal, and self-love.
- **2 CHOCOLATE BATH WITH FLOWERS**
Step into a warm bath with chocolate, coconut milk, and flower petals. Soak for 20–30 minutes and let the stress melt away.
- **3 CHOCOLATE BODY SCRUB**
Gently exfoliate your skin using a chocolate body scrub. Rinse and feel your skin smooth, soft, and glowing.
- **4 CHOCOLATE FACE MASK**
Apply a chocolate face mask. Relax for 10–15 minutes while it deeply nourishes and hydrates your skin.
- **5 BALI CHOCOLATE BODY WRAP**
Indulge in a chocolate body wrap. Let it work its magic for 15–20 minutes while you rest, read, or meditate.
- **6 BALI CHOCOLATE BODY BUTTER**
Rinse off and apply chocolate body butter from head to toe. Breathe in the aroma and enjoy silky, nourished skin.
- **7 BALI CHOCOLATE FOOT SOAK**
Soak your feet in a warm chocolate foot bath. Release tension and feel completely grounded and refreshed.
- **8 BALI CHOCOLATE TEA**
Sip a warm cup of Bali Chocolate Tea. Savor the moment and let gratitude fill your heart.

CHOCOLATE MASSAGE



Use warm chocolate massage oil to give yourself or a loved one a gentle, loving massage. Focus on your shoulders, back, legs, and feet. Let every touch bring relaxation and connection.

- ### TIPS FOR YOUR SPA DAY
- Stay hydrated – drink plenty of water.
 - Turn off your phone and enjoy digital detox.
 - Move slowly and mindfully.
 - Breathe deeply and be present in each moment.
 - Listen to your body – rest as long as you need.

REMEMBER...

Self-care is not a luxury, it's a necessity. Taking care of yourself allows you to show up with more love and peace for your life and the people you love.

You are worth the time, the care, and the beautiful ritual of you.

With love,
Wendy Ladybug

NATURAL INGREDIENTS

VEGAN FRIENDLY

CRUELTY FREE

MADE WITH LOVE

Made with love in Bali